

THE LINDSEY ROSE  
GLUTEN FREE MAIN MENU

MAIN COURSES

STARTERS

**soup of the day (v)** 4.70  
gluten free bread

**smoked haddock** 5.80  
spiced black eyed beans

**seafood cocktail** 6.10  
crayfish, crab, dill, marie rose

**curried chicken kiev (in gf breadcrumbs)** 6.10  
mango chutney puree, saag aloo

**red wine poached pheasant breast** 6.00  
pickled blackberries, pear & blackberry jelly

**cauliflower textures (v)** 5.10  
curried, dehydrated, roasted

**wasabi pea fritters (in gf breadcrumbs)(v)** 5.70  
sweet chilli oil

**supreme of chicken** 13.50  
creamy mashed potatoes, tenderstem broccoli, smoky sauce

**garlic & black pepper hake** 14.00  
vegetable ribbons, garlic sauce, crushed new potatoes

**beef brisket** 14.90  
root vegetable mash, parsnip crisps, gluten free gravy

**artichoke & black olive paella (v)** 11.50  
spinach, courgette, sundried tomatoes

**red poll beef burger** 11.90  
gf bun, red leicester, skinny fries, jalapenos, pickles, coleslaw

**8oz ribeye steak** 20.50  
hand cut chips, gf onion rings, vine tomatoes, choice of;  
garlic butter, curried butter, blue cheese, or peppercorn

**fresh cod in gluten free ale batter** 12.40  
chips, mashed peas, tartare sauce

**spicy vegetable stew (v)** 11.00  
black pepper, sliced potatoes, gluten free bread

**fillet of salmon** 13.50  
new potatoes, greens, clam & cockle butter

SIDE ORDERS

fries or hand cut chips 2.50

gluten free onion rings 2.85

sweet potato fries 3.50

gluten free garlic bread 3.15

brussel sprouts, bacon & water  
chestnuts 3.90

stem broccoli & garlic 3.00

creamed spinach 2.90

dressed salad 2.50



please notify a member of our staff before ordering should you have an allergy. please note that our dishes may contain shot or bone

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THE LINDSEY ROSE

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# GLUTEN FREE DESSERT MENU

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## DESSERT

### TEA & COFFEE

served with something sweet

english breakfast

earl grey

peppermint tea

2.50

americano

decaf americano

espresso

2.50

cappuccino

latte

flat white

hot chocolate & marshmallows

2.90

**apple & blackberry gf crumble** 5.20

rolled oats, vanilla custard

**dark chocolate mousse** 6.10

roasted orange, orange gel, chantilly cream

**british cheeses** 6.20

biscuits, quince jelly

**selection of ice creams** 1.75 per scoop

vanilla, chocolate, strawberry, coconut, honeycomb,

salted caramel, pistachio

lemon, raspberry, mango sorbet

### DIGESTIFS

**dessert wine:**

chateau de juge, cadillac

**scotch whiskys:**

glenfiddich 12yo single malt

the balvenie 12yo single malt

laphroaig 10yo single malt

**brandy:**

courvoisier vs cognac

remy martin XO cognac

**port:**

taylors late bottle vintage

barros 10 yo tawny port

*oat milk is also available with the above*



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